from the position of a Harvard Business School professor, Deborah Spar tackles the thorny issue of infertility and the markets that it has created. Her thesis is much broader than one might expect. She covers the ethical dilemmas thoroughly and describes beginning of life issues in a clear and engaging manner, embracing multiple perspectives as she tours the arena.

In-vitro fertilisation (IVF), pre-implantation genetic diagnosis (PGD), cloning, surrogacy and adoption are described accurately, and their positives and negatives weighed. Her chapter headings include quotes from Genesis 30:1 and Isaiah 54:1-2, and the final chapter is called Songs of Solomon. This seemingly tries to hide a utopian ethic in her conclusions.

Put simply, Spar argues that the market for babies exists because of the human longing to procreate. When the natural process fails, no price can be put on the possibility of creating a baby. Couples will pay whatever they can afford, even when a fertility specialist hasn’t succeeded for them on previous attempts. The author states plainly: ‘the market will function even if the morals are cloudy and the law uncertain’.

Spar’s research shows that the market for babies is large as up to 15% of couples are infertile; in the USA about a third of these seek treatment. The product sold by clinics is not babies but ‘hope and medicine to make babies’. Each IVF cycle has a 60-70% failure rate. Buying and selling of gametes occurs in many states and is not well regulated. A top-of-the-league egg from a university student donor can change hands for up to $50,000!

In recent years, couples consid-

ering adoption have had to wait longer as the number of available babies has dwindled with the surge in abortions. The combination of low IVF success rates and fewer domestic babies available for adoption has resulted in a market for international adoption. The fees charged in some cases reach up to $25,000. Her main arguments here are for tighter government regulation.

In the middle of the book, Spar discusses the issues surrounding designer babies and unpacks the history of eugenics during the Nazi regime. The USA led the way in this field in the 1930s, and Germany subsequently amplified it. She further discusses the attempt of the anti-abortion lobby to block PGD and embryo research, and the outlawing of cloning in the USA by President Bush. Some of her research reveals disturbing philosophical applications.

Spar concludes by laying out various models by which the baby business could be regulated. She feels that there should be a wider political debate to decide which techniques are acceptable and which are not. But, as she says, the fact remains that as long as the will and the technology exist somewhere in the world, no amount of ethical persuasion will stop somebody from using it, especially if there is a profit to be made. Although this book is not aimed directly at Christians, it would be helpful for any Christian interested in the challenges raised by the fertility business.

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The debate about hydration in the dying has been intense and very important. Gillian Craig, a retired geriatrician, brings an excellent breath of fresh air to this debate, providing data, published research and a wide range of opinion. The style of the book is interesting, a collage of papers and opinion. In one book she provides access to a lot of papers and opinions, along with just a few bits of her own commentary.

Hydration is essential for life but a view has arisen that those who are dying do not suffer from thirst. Developed in the context of cancer care, this view has been extrapolated to those who have fluid and food removed following strokes and other illnesses. Under English and Welsh Law, artificial nutrition and hydration are viewed as medical treatments. As such, BMA guidance permits their removal with the result that patients who have suffered a stroke or other illness may die from dehydration. Craig’s book scrutinizes this practice and the clinical evidence and moral theories that are used to support it.

Craig has worked hard to review the broad body of evidence on this subject, to challenge current medical wisdom, and to put it into context. Having read her work, I am drawn to the conclusion that the evidence has often been selected and extrapolated to fit with the desire to believe that removing food and fluid is okay. This is most certainly Craig’s view. She has done a huge service in putting the evidence into a single, readable place.

The book outlines the way in which medical opinion has changed in recent years. Dame Cicely Saunders supported the use of subcutaneous fluids and I well remember using them when I first qualified. I still find that patients and relatives consider it to help at times. My overriding impression is that there is now a widespread fear of starting fluids and a perceived wisdom that doing so does not reduce suffering.

I recommend this book as an excellent reference and summary of this crucial debate; it is relevant to all who care for frail dying people.

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The Baby Business
How Money, Science and Politics Drive the Commerce of Conception
Debora Spar
- £15.99 Hb 299pp
- ISBN 1 59139 6204

No Water - No Life
Hydration in the Dying
Gillian Craig (ed)
- Fairway Folio 2004
- £15 Pb 188pp
- ISBN 0 95454 4536
Adolescents and Sex
The handbook for professionals working with young people
Sarah Beckaert

Radcliffe Publishing 2005
£21.95 Pb 200pp
ISBN 1 85775 880 3

The rate of increase of sexually transmitted infections (STIs) is alarming. This clear, well-referenced book includes factual information on teenage pregnancy, contraception and STIs, alongside thought-provoking chapters on important issues for debate. It is useful for clinical practice, service commissioners, youth workers and church ministers, and parents.

The opening chapters allow for reflection on the complexity of the interval between childhood and adulthood. The milestones of adolescence in chapter one are an excellent reminder of normality. The importance of listening to young people so as to develop good communication with them is emphasised. Beckaert also looks at the other kinds of risk-taking behaviour that adolescents engage in.

I was encouraged to read: ‘for professionals working with young people in the area of sexual health, child protection considerations are paramount’. This chapter’s legal issues are important, especially as professionals and lay individuals may interpret laws and guidelines differently. The Frazier guidelines are laid out clearly, but Beckaert has not made clear the amount of time required to assess a young person’s competence and understanding. Furthermore, there is insufficient discussion about confidentiality and children under 13 years of age. There is a detailed section on the age of consent debate but I question the accuracy of conclusions drawn from a Channel 4 programme and a teenagers’ magazine.

Sex and relationships education and abstinence campaigns are discussed. Unfortunately, the importance of empowering young people by teaching techniques to resist pressure is not highlighted as an area that requires equality with providing information on contraception and STIs.

The cover of marginalised groups is excellent and wide ranging, covering looked-after-children and child prostitutes. The marginalisation of boys (who have not been equal partners with girls in the sexual health debate) is acknowledged. Specific projects are discussed, such as the use of role models in schools for African-Caribbean boys and also using peer educators working alongside disabled people. Sexual health outreach in youth settings is also dealt with well and demonstrates the importance of involving parents in this matter.

Churched young people are subject to the same worldly pressures as all their peers. Although it isn’t written from a Christian perspective, this book will help to make parents, professionals and church communities more aware of these issues.

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Lessons Learned on the Journey
Exploring the realities of faith through word and art
Bob Snyder, illustrated by Andras Simon

Baxter Press 2004
Limited Edition $250 contribution
Standard Edition $30 contribution Hb 107pp
ISBN 1 88823 7503

Some years ago, when he moved from Philadelphia to Hungary to work with International Health Services, emergency physician Bob Snyder began to write a journal of the spiritual lessons that God was teaching him through everyday experiences. In this book, Bob has brought together 50 of these vignettes and asked his friend, Christian artist Andras Simon, to illustrate them. Each page can be read as a separate ‘thought for the day’ and contains Bob’s reflections on a personal experience or conversation in the light of Scripture, with an original line drawing by Andras to stimulate the reader’s own thoughts on the day’s theme.

Bob’s personal struggles and refreshing humility in his walk with Christ come through on every page, as he looks at topics as varied as learning to live with gratitude, the benefits of repeated meditation for a concentrated period of retreat, and to refer back to a particular theme as an occasion arises. The short chapters make it very accessible and I have been both encouraged and challenged by it. I warmly commend it as an aid to reflecting on your own personal journey with Christ.

I have used this book in a number of ways: to read daily for a month or so; as an aid to meditation for a concentrated period of retreat; and to refer back to a particular theme as an occasion arises. The short chapters make it very accessible and I have been both encouraged and challenged by it. I warmly commend it as an aid to reflecting on your own personal journey with Christ.
Generate name ideas for your Baby Business below. Check domain availability with BlueHost. Generate. Naming your Baby Business. We asked four of our branding experts to come up with ideas for Baby business names. You’ll find their suggestions below, try our Baby business name generator to help find more ideas. You can read user suggested ideas and contribute your own suggestions in the comments at the bottom of the page. Ideas from Craig. Better Baby. Learn About Baby Business. We have been trading since 1998 and we have built up a reputation of reliability and professionalism and in the process a loyal customer base who recommend us to family and friends. Our staff have a wealth of experience and we will listen to what you want and supply you with the right products for your lifestyle. We do not believe in the hard sell. If you’d like to find out more about our work at Baby Business, come and visit us and check out our incredible stock. Read more about Baby Business.