Smart Discipline(R)

By Larry Koenig
Genre : Parenting

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Smart Discipline(R) by Larry Koenig is Parenting Larry J. Koenig, Ph.D., creator of the hugely popular Smart Discipline® seminars, explains his simple, dramatically effective system to help children follow the rules at home and at school. It is easily tailored to differences in age, temperament, and the needs of children with ADD/ADHD. Positive results usually are seen within a few days. Best of all: instead of nagging, parents can use Dr. Koenig's powerful esteem-building strategies to affirm their children's strengths. The Smart Discipline system: Gets kids to do what you ask, the first time you ask Stops fighting, bickering, and disrespectful language Ends hassles over homework, chores, messy rooms, and bedtime Instills positive self-image and builds confidence... and much more!

More Recommended Books

Proteger a los niños contra el abuso sexual

By : Sébastien Brochot
Esta guía fue diseñada por Asociación Une Vie® y su comité de ética, compuesto por expertos (psicólogos, psicólogos clínicos, psicoanalistas y sexólogos) para ayudar a los padres a concienciar a sus hijos sobre los riesgos del abuso sexual. « Cuantas más personas informadas haya, menos víctimas habrá. »

Boost Your Toddler's Development

By : Caroline Deacon
Teach Yourself - the world’s leading learning brand - is relaunched in 2010 as a multi-platform experience that will keep you motivated to achieve your goals. Let our expert author guide you through this brand new edition, with personal insights, tips, energising self-tests and summaries throughout the book. Go online at www.teachyourself.com for tests, extension articles and a vibrant community of like-minded learners. And if you don't have much time, don't worry - every book gives you 1, 5 and 10-minute bites of learning to get you started. - Gives you a unique insight into your toddler’s world - Lots of activities to do together, with checklists and development summaries - Helps you maximise your toddler's progress through play and communication Boost Your Toddler's Development will provide a unique combination of advice, practical exercises and background information to help your toddler get a head start in life. It will help you understand what your child is thinking, feeling and saying and gives you plenty of information on the important milestones, with
checklists for development and practical suggestions for things to do together and ways to help your child get ahead now.

**A Year of Intentional Parenting**

By: Julie Freedman-Smith & Gail Bell

What do you do on those days when you love - but don't like - your kids? As educators, parenting coaches and parents themselves, authors Julie Freedman-Smith and Gail Bell deeply understand the day to day challenges of parenting. In 2002 they founded Parenting Power in Calgary to provide empathetic, non-judgemental support and practical skills to other parents facing similar struggles. In *A Year of Intentional Parenting*, Julie and Gail give busy parents one practical tip per week for improving communication with their kids, smoothing out persistent conflicts and acting intentionally. Full of straightforward, sometimes poignant, and often humourous advice, this collection will prove invaluable for parents who want to work through the trials of modern parenting with loving kindness and fun.

**Anyakönyv**

By: Kalas Györgyi

Az anyáknak, a leendő anyáknak, a rettegő csajoknak és az ijedt pasiknak az Anyakönyvre van szükségük. Egy csaj elmeséli a többi csajnak, hogyan püffednek majd fel a terhesség alatt, hogyan indul a szülés – "a nap fénypontjaként délután végigcsúszott a combomon a nyákdugó, mint valami gusztustalan meztelen csiga" –, hogyan folytatódik – „mintha minden összehúzódásnál egy asztalt akarnának átprerselni a fenekemen“ –, és hogyan ér véget, aztán a rákövetkező hónapokban hogyan omlik össze kap értelmet az életünk a gyerekké. Az Anyakönyvben az a legjobb, hogy a szerző, Kalas Györgyi se nem guru, se nem szakember, hanem érdeklődő, a gyerekek mindennapi életére érzékeny újságíró-blogger. Így ráadásul egy jó tollú anya első kézből származó élményei mellé megkapjuk egy kismamaközösség leszűrt tapasztalatait is. Az Anyakönyvből szerencsére nem az orrszívás technikáját lehet eltanulni, hanem a gyerekre való odafigyelést. Meg hogy mennyire büdös az orrszarvú. Olvasni jobb, mint szülni – kezdje inkább az előbbivel! (Szily László)

**Father, The Family Protector**

By: James B. Stenson

In *Father, The Family Protector*, Educator James Stenson explores how fathers exercise their powerful and particularly masculine contribution to family life. His research comes from more than twenty years of working with families from two highly successful independent secondary schools for boys that he helped establish, The Heights School in Washington D.C., and Northridge Preparatory School in Chicago. As headmaster, he made it his business to know hundreds of families intimately studying their family lives, watching their children grow into maturity, very often successfully, but sometimes not. Through countless conversations with fathers and mothers, he tried to account for the differences, looking for patterns of family life among those parents who triumphed with their children. What did these successful men and women have in common? What did they manage to do right? Most important: what could other parents learn from their experience? This wisdom of fatherhood is what this book is all about. It explains the main obstacles in today's society that undercut a father's teaching role, and tells men what they could do to overcome them. Then within this framework, James Stenson spells out how successful fathers deal with their children in the more crucial areas: family rules, discipline, schooling, sports, recreation, the media, and ongoing teamwork with one's wife. In short, this book provides the guidance that will help any father to carry out a serious responsibility - that of protector of his family.
Embarazo y prevención

By: Mercedes García Hurtado

El embarazo es un periodo vulnerable, tanto para la mujer gestante como para el feto. La alimentación, el estado emocional y el ambiente de la madre, ejercerán una influencia tan significativa en el niño que le acompañará toda su vida. Si dotamos a la madre de las herramientas para que viva su embarazo con plenitud y reduzca los posibles factores de riesgo, estaremos protegiendo la unidad madre-hijo. Por otro lado, sabemos, gracias a las investigaciones llevadas a cabo en el ámbito de la psicología prenatal, que a partir del cuarto mes de embarazo, el nonato es capaz de escuchar los sonidos intrauterinos y a lo largo del tercer trimestre, percibirá los sonidos del exterior. Por tanto, si el feto es capaz de escuchar en el vientre materno, la estimulación prenatal auditiva potenciará su desarrollo sensorial. Encontramos en la música el medio artístico y el lenguaje perfecto para proporcionar bienestar en la madre, estimular al feto y fortalecer el vínculo entre ambos. En las propuestas recogidas en el capítulo IV: Proceso musical durante el embarazo, la futura mamá se convertirá en la protagonista de la práctica musical –cantando, tocando, creando, improvisando– para su bebé y para sí misma. Segregará una dosis extra de endorfinas que trasmitirá a su futuro bebé, creando una burbuja protectora que ambos disfrutarán.

Hijos sin dios

By: Alejandro Rozitchner & Ximena Ianan

El primer libro que postula en la Argentina un estilo ateo de vivir. Un inicio alternativo y valioso para quienes quieren para sus hijos una crianza comprometida y amorosa. Una crianza atea. Los chicos que crecen en casas ateas preguntan: ¿Por qué no estoy bautizado? ¿Por qué no hice bar mitzvá? ¿Qué es dios? ¿Dónde está? ¿Qué pasa cuando nos morimos? Estas preguntas, legítimas, importantes, tienen una respuesta religiosa, pero también una respuesta atea. Quienes no creen en dios, quienes sienten que dios no es una respuesta a nada y desean que sus hijos adopten este punto de partida para su relación con el mundo, se encuentran en una zona social poco comprendida. Criar hijos sin dios es criarlos asumiendo el rol de responsabilidad que la creencia en dios tiende a desdibujar, ejerciendo de manera concreta ese amor que la religión enuncia de manera equívoca y limitada. Criar hijos sin religión es enseñarles a ser dueños de sus actos, responsables de sus opciones de vida, protagonistas de su destino. Es ayudarlos a disfrutar de la vida que tenemos hoy, sobre la que podemos actuar, sobre la que pueden construir valores con libertad, yendo más allá de un marco sostenido por una fe incuestionable y una tradición que promueve la repetición y la impostura. Hijos sin dios está escrito desde la perspectiva de dos personas que no creen en dios o, de manera aún más clara, saben que dios no existe. Los autores, Alejandro Rozitchner, filósofo «ateo desde siempre», y Ximena Ianantuoni, psicóloga «atea por elección», son marido y mujer y tienen dos hijos.

Diaper-Free Before 3

By: Jill Lekovic, M.D.

Conventional wisdom tells parents that they should delay potty training to toddler age, and only after seeing signs of readiness. But is that really the best way? In Diaper-Free Before 3, Dr. Jill Lekovic presents the new case that early training—beginning as early as nine months olds—is most natural, healthy, and beneficial for your child, based on medical evidence. By incorporating the potty into your child's routine early on, toilet training becomes far less stressful for both parent and child. Dr. Lekovic's method, which she has used successfully with her own kids and recommends to patients, helps children become better aware of their body's signals, boosts confidence, and decreases the risk of urinary health problems. The guide includes informative chapters on bedwetting, accidents, and adapting the method for day care, special-needs children, and older toddlers. Offering a technique that really works and turns toilet training into a positive experience,
Diaper-Free Before 3 is sure to become a new parenting classic.

**How We Became a Family**

By: Teresa Villegas, Bernard Villegas M

To build a family, first of all you need love. But how do you talk with your child about their in vitro origins? How do you tell your child they were conceived with the help of a donor? • Adding children to a family -making a baby- takes all the same parts needed to make any baby animal. • Knowledge of science and our bodies is a smart and beautiful thing. • This complex story is explained in an easy and positive way that children can accept and be proud of. This book is for couples who understand that their child's well-being comes from knowing how much they are wanted, who they are, and how they came into this world and into their family. Celebrating the story of your child's origins through the simple act of reading can reinforce your family's journey of deep bonding and open communication. This book is version Egg Donor - Singleton. For parents who used the help of an egg donor, resulting in a single child. Other versions available. The How We Became a Family book series is a welcome relief for parents of children born through IVF with donor conception. These books are beautifully designed, with highly-nuanced illustrations that are a remarkable combination of depth and whimsy to be read with children ages 2-10. These books help couples talk with their kids about their donor conceived origins. Words from the Kirkus Review: “For children and their parents that confront the fact that sometimes the answer to the question “Where did I come from?” isn’t that simple. Many parents tell their children, “You grew in Mommy’s tummy,” while others tell about their adoptions. However, well-meaning parents of children who were conceived through in vitro fertilization, or with an egg or sperm donor, may stumble over technical terms as they search for words that are honest, clear and simple enough for children. This book, part of a series from Bernard Villegas and Teresa Villegas, offers a helping hand. It explains assisted reproduction in spare, restrained language that allows plenty of leeway for parents to deliver their own messages, and it also preserves the beauty and magic of a child’s birth. The story, told in the second person, as if a parent is speaking directly to a child, begins with two people who love each other so much they want to form a family: “They trusted each other, and they helped each other become the best person they could be.” But, when they try to make a baby, they can’t, so they see a doctor. The doctor explains that the couple has most of what they need to make a baby—particularly love and mutual respect—but they also need seeds, eggs and a nest: “Your father had the seeds and your mother had the nest, but she didn’t have any eggs.” It’s an elegant explanation that most children will grasp easily, and, of course, they already know the book’s happy ending. The story features muted, folk art–inspired illustrations, and although most are abstract (the parents have birdlike heads and humanlike bodies), one page has tastefully explicit anatomical drawings of a man and a woman, with the vulva, vagina, penis and scrotum labeled. As with everything else in this book, the drawings and the words are graceful and matter-of-fact. An engaging book that will likely fulfill a need for parents of donor conceived children via IVF.”
Some people argue that street smarts are only a natural born skill, but I disagree. I believe they are disciplines that can be taught and learned. In the urban world, being street smart means instinctively knowing how to keep yourself safe from scams and bad guys. It means you know your way around, how to handle yourself in tough situations, and how to read people’s intent. In reality, the startup world contains those same very risky streets, but in the business context. Additionally, Larry is the author of Smart Discipline, which has been featured on PBS, NPR and in People Magazine and Parents Magazine. Over the last ten years it has become one of the most widely used systems of discipline in America today. Smart Discipline is a powerful and practical system designed to guide children down a path to success in school and in life. In his newest program, Larry gives parents 10 strategies that stop bad behavior immediately. Smart Discipline book. Read reviews from world’s largest community for readers. Larry J. Koenig, Ph.D., creator of the hugely popular Smart Discipline(R)... The Smart Discipline system: Gets kids to do what you ask, the first time you ask. Stops fighting, bickering, and disrespectful language.